



In Celebration of World Interfaith Harmony Week

The Church of St. Francis Xavier & Tibet House present:

AN INVITATION TO INNER LIFE:
FINDING AND CULTIVATING
YOUR OWN DEVOTIONAL PRACTICE

WITH

DR. PILAR JENNINGS & CHAPLAIN LIZZIE BERNE DEGEAR

Friday evening, February 3rd

Tibet House

22 West 15th Street, 2nd Floor

6:30pm-9pm

Saturday afternoon, Feb 4th

Church of St. Francis Xavier

55 West 15th street, 2nd Floor

1:30pm-4:30pm

The goal of this two-part workshop is
to explore various avenues into inner life.

Participants will have the opportunity to try a variety of prayer practices
across religious traditions, engage their dream life,
and discuss links between the psyche and the soul.

\$40 suggested donation

TO REGISTER GO TO: WWW.SFXAVIER.ORG

OR CALL 646-334-5540

Lizzie Berne DeGear is a certified hospital chaplain who has worked in a variety of settings with people of many faiths and backgrounds; she is also head of the Biblical Studies program at the Church of St. Francis Xavier. Her doctoral studies combine psychoanalytic theory and Hebrew Scripture.

Pilar Jennings is a psychotherapist and psychoanalyst in private practice and a long-term practitioner of Tibetan and Vipassana Buddhism. She is the author of *Mixing Minds: The Power of Relationship in Psychoanalysis and Buddhism*, and a researcher at Columbia University's Center for Study of Science and Religion.

Pilar and Lizzie's collaboration began as colleagues in the Ph.D. program in Psychiatry and Religion at Union Theological Seminary, working with writer, scholar and Jungian analyst Ann Ulanov.